

# *Trampoline Gymnastics' World Championships REPORT*



**16<sup>th</sup> to 19<sup>th</sup> November 2022, Sofia (BUL)**

The Sofia World Championships, in a place well known to the trampoline community, with an organizing committee very well accustomed to this global event, took place in a beautiful and inspiring competition hall, where the gymnasts felt comfortable to perform at their maximum.

The equipment offered was of the highest quality, which allowed a very exciting competition that would have deserved to be supported by a larger audience.



Throughout the week, the organizing committee, under the chairmanship of Stoian DIMITROV and the careful supervision of Mariela STOYCHEVA, who later joined the ranks of the Technical Committee, responded to the challenge of welcoming in the best conditions more than five hundred gymnasts and officials.

The gymnasts, supported by the athletes' representative, Rosannagh MACLENNAN and the two ambassadors, Anna DOGONADZE and Radostin RACHEV, gave themselves thoroughly, in an outstanding competition, always with conviviality that well corresponds to the values of our sport.



### **New competition format:**

In each discipline, changes in competition rules required adaptation. This was major in tumbling where the series of qualification Somersault and Twist have disappeared, and the repetition of an element is no longer possible. In this discipline as in DMT, the F1 and F2 finals introduced dramaturgy and additional tension to the final. In F1, eight gymnasts competed, and then only the top four entered F2, where they had to present different exercises. What exercise to qualify for F2, what exercise should I keep to get the title in F2?



In trampoline, the major novelty was the qualifications where gymnasts now offer two free exercises, with only the best result being considered to qualify for the next round (Q2). This requires an adjustment in the strategy and not all gymnasts have yet fully grasped these new rules.

During team competition, gymnasts were divided in three groups with one gymnast from each national federation in each group, the winner of each group get 5 points, the second 4 and so on. This format requires a very talented speaker and a great scoreboard presentation to be successful. The Technical Committee is working with FIG headquarters and scoring providers to adapt technology and make it an even more exciting event.

### **Congratulations to our individual World Champions:**



**Women's Trampoline:**  
**MORI Hikaru, JPN**



**Men's Trampoline:**  
**SCHMIDT Dylan, NZL**



**Women's Double Mini Trampoline:**  
**DIBB Bronwyn, NZL**



**Men's Double Mini Trampoline:**  
**PADILLA Ruben, USA**



**Women's tumbling:**  
**YEATES Comfort, GBR**



**Men's tumbling:**  
**Mc GUINNESS Ethan, AUS**

**Participation:**

	MEN	WOMEN
INDIVIDUAL TRAMPOLINE	99	74
SYNCHRONISED (N° of pairs)	36	26
DMT	36	28
TUMBLING	34	35
TOTAL number of gymnasts	167	143
TOTAL number of federations	38	

**Participating federations' continental distribution:**

Africa	America	Asia	Europe	Oceania
2	6	5	23	2

**Medal table:**

		Gold	Silver	Bronze	Total
1	GBR	4	3	2	9
2	AUS	2	1	1	4
3	JPN	2	0	2	4
4	NZL	2	0	0	2
5	USA	1	4	3	8
6	POR	1	2	1	4
7	CHN	1	0	1	2
7	GER	1	0	1	2
9	ESP	1	0	0	1
10	FRA	0	3	3	6
11	CAN	0	1	0	1
11	DEN	0	1	0	1
13	MEX	0	0	1	1

**Age of gymnasts on the podium:**

WOMEN	Gold	Silver	Bronze
TRA INDIVIDUAL	23	32	24
DMT INDIVIDUAL	25	26	26
TUM INDIVIDUAL	17	17	22

MEN	Gold	Silver	Bronze
TRA INDIVIDUAL	25	28	23
DMT INDIVIDUAL	21	19	18
TUM INDIVIDUAL	21	29	17

### Some competition facts:

- No tie at medal places
- Two inquiries during the full competition (both rejected)
- In individual trampoline, only one man (competing in the last group) and two women (one injured, one competing in the last group) did not take part in the second exercise of Q1.

### Judge activity:

Number of judges per Categories:

- DMT: 10 judges (8 Cat.3 and 2 Cat.2)
- Tumbling: 11 judges (2 Cat.1, 4 Cat.2, and 5 Cat.3)
- Trampoline: 29 judges (5 Cat.1, 13 Cat.2, and 11 Cat.3)

Because of Covid situation, the number of Cat 1 and Cat 2, especially in DMT and Tumbling have not increased during this cycle and, as some judges have recently resigned, we had a situation with very few judges from the highest category. Nevertheless, the competition was well run.



### Incomplete exercises during men's trampoline competition:

We noticed many incomplete exercises during the men's competition, the Technical Committee is analyzing and working on it. Please find below some facts and comments:

#### MEN complete exercises

WCh	Q1 first	%	Q1 second	%	Q2	%	Ind Final	%	Team Final	%
2022	60/99	60%	54/98	55%	12/24	50%	6/8	75%	13/15	85%
2021	Different rules		56/78	71%	16/24	66%	8/8	100%	14/15	93%
2019	Different rules		78/98	79%	22/24	91%	7/8	87%	13/15	85%

#### WOMEN complete exercises

WCh	Q1 first	%	Q1 second	%	Q2	%	Ind Final	%	Team Final	%
2022	51/74	68%	54/72	75%	20/24	83%	8/8	100%	12/15	80%
2021	Different rules		43/54	79%	17/24	70%	8/8	100%	11/15	73%
2019	Different rules		67/79	85%	18/24	75%	7/8	87%	12/15	80%

How can be explained the increase of incomplete exercises during Sofia 2022 compared to previous World Championships? Some facts must be considered and analyzed, such as:

- In the first World Championships of an Olympic cycle, gymnasts are still learning new exercises (higher difficulty) and not all of them can master these exercises, whereas in the latest World Championships of the cycle they usually go for very steady routines.



- The absence of some very experienced gymnasts from RUS and BLR, especially in Q2 where they represent a significant number of participants, numerically increase the total of incomplete exercises.
- The exciting presence of new countries, necessarily with less experience, increased the number of incomplete exercises.
- Among countries that presented a team, the number of incomplete exercises is significantly lower, as gymnasts must perform two complete exercises to ensure the team qualification (78% of complete exercises in addition of their two routines).
- Unexpected number of incomplete exercises from national federations normally very stable, such as CHN and JPN.
- The new qualification rules must be considered, even though the lowest percentage of incomplete exercise occurred during Q2 (semi-finals), without any change in the rule from the last cycle for this competition phase.
- As most of the falls occurred on the same side of trampolines, the springs might have been over-stressed and their dynamic properties might have been affected during qualification, with two hundred powerful exercises. Thanks to the suppliers, this has been scrutinized and new springs have been provided after each event.

### **TC round table:**

The TC round table was divided in two parts, first with information from TC, second as an open discussion on various topics.

#### **Information:**

- 2025-2028 CoP planning
- 2023 World Junior Championships
- Media presentation of our sport
- Inflatable TUM tracks
- FIG Education: call for experts for Academies and Age Group programs
- FIG Recognitions

#### **Open discussion:**

- Competition format: evaluation of changes in CoP 2022-2024
- TRA Difficulty review
- Execution judging criteria
- New competition formats: outdoor events, mixed SYN, DMT high-jump, mixed teams...



### **Acknowledgement:**

Many thanks to our President Morinari WATANABE, for his presence and his rich exchanges with the members of the delegations and to Nicolas BUOMPANE, Secretary General, for his wise advice. Great thanks to the Sports Managers Rui VINAGRE and Alex COLA for the incalculable hours of work to the benefit of this competition. Many thanks to our Jury of Appeal Ali AL-HITMI and Alejandro PENICHE for their support and supervision throughout the competition. Finally special thanks to the Technical Committee who put all his enthusiasm and professionalism at the service of this event.

Once again, great thanks to organizing committee and volunteers, hope to see you again in Sofia!

**Christophe LAMBERT,**  
President of the Trampoline Gymnastics Technical Committee